

what's next?

Maybe you found this book, it was sent, or given to you. Maybe you have struggled for years with anxiety. You might have even read the whole book in hopes to see change! I believe God is good and meets us where we are.

It says **"But from there you shall seek the LORD your God, and you will find him when you search after him with all your heart and with all your soul" (WEBBE, Deuteronomy 4:2).**

I know and believe God wants to free us from the things and situations in our lives that are holding us down.

If you desire to know more about who Jesus is, and desire to unlock the freedom he offers us; I want to invite you to say this prayer.

"For, if with your lips you acknowledge the truth of the message that JESUS IS LORD, and believe in your heart that God raised him from the dead, you will be saved" (OEB, Romans 10:9).

God, I believe Jesus died for my sins, I believe you rose him from the grave, and that he is the way, the truth, and the life. Lord, forgive me for my sins. Jesus, I ask you to sit on the throne of my heart and be my Lord and Savior. In Jesus' name I pray, Amen.

yay!

If you prayed this prayer I want to celebrate with you and give you resources to aide you on your new journey! Please email **alexaloryn@gmail.com** and put **"SAVED"** in the subject line.